

# PRODUCT DATA SHEET

## Rhodiola



### Rhodiola

An important stress-relieving botanical\*

- A brain adaptogen to help cope with stress\*
- Enhances mood, sleep, and mental focus\*
- Can improve exercise performance\*
- Supports normal levels of neurotransmitters - serotonin, norepinephrine, and dopamine\*

#### RHODIOLA

S u p p l e m e n t F a c t s	
Serving Size: One Capsule	
Servings Per Container: 60	
Each Capsule Contains:	% DV
Rhodiola extract (root) ( <i>Rhodiola rosea</i> )	100 mg *
*Daily Value (DV) not established.	

Other Ingredients: Magnesium Citrate, Hypromellose (derived from cellulose) capsule, Leucine, Silicon Dioxide.

Rhodiola standardized to Total Rosavins 3%.

60 Vegetarian Capsules  
Code: SF755

#### Allergy Warning

This product is contraindicated in an individual with a history of hypersensitivity to any of its ingredients.

#### Pregnancy Warning

If pregnant, consult your health-care practitioner before using this product.

#### Interactions

There are no known adverse interactions or contraindications at publication date.

#### Purity

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, artificial sweeteners, or artificial flavors. This product also does not contain lactose, palmitic acid, magnesium stearate, or stearic acid.

#### Suggested Use

Take 1 capsule two to three times daily or as recommended by a health-care practitioner.

#### Additional Notes

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.