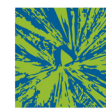


# PRODUCT DATA SHEET

## Pic-Mins®



**THORNE  
RESEARCH**

Pure Ingredients, Trusted Results



### Pic-Mins®

A unique trace mineral complex designed for superior absorption\*

- Provides seven essential trace minerals
- Our best absorbed trace mineral formula\*
- Cofactors for numerous biochemical enzymatic reactions\*
- Contains several picolinate minerals exclusive to Thorne Research

#### PIC-MINS

S u p p l e m e n t F a c t s		
Serving Size: One Capsule		
Servings Per Container: 90		
Each Capsule Contains:		% DV
Zinc (as Zinc Picolinate)	15 mg	100%
Selenium (as Selenium Picolinate)	100 mcg	143%
Manganese (as Manganese Picolinate)	2.5 mg	125%
Chromium (as Chromium Chelidamate Arginate)	100 mcg	83%
Molybdenum (as Molybdenum Picolinate)	50 mcg	67%
Boron (as Boron Picolinate)	700 mcg	*
Vanadium (as Vanadium Picolinate)	50 mcg	*

\*Daily Value (DV) not established.

Other Ingredients: Aspartic Acid, Hypromellose (derived from cellulose) capsule, Leucine, Silicon Dioxide.

90 Vegetarian Capsules

Code: M243

### Allergy Warning

This product is contraindicated in an individual with a history of hypersensitivity to any of its ingredients.

### Pregnancy Warning

If pregnant, consult your health-care practitioner before using this product.

### Interactions

There are no known adverse interactions or contraindications at publication date.

### Purity

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, artificial sweeteners, or artificial flavors. This product also does not contain lactose, palmitic acid, magnesium stearate, or stearic acid.

### Suggested Use

Take 1 capsule one to three times daily or as recommended by a health-care practitioner.

### Additional Notes

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.