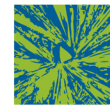


PRODUCT DATA SHEET

Oscap Plus™



THORNE
RESEARCH

Pure Ingredients, Trusted Results



Oscap Plus™

A comprehensive bone support formula

- Includes vitamins, minerals, and botanicals to promote bone health and density*
- Includes Ipriflavone to promote bone density*
- Vitamin K as K1 and K2 support a healthy bone matrix*
- Calcium and magnesium are in the most bioavailable citrate-malate form*

OSCAP PLUS

Supplement Facts

Serving Size: Three Capsules

Servings Per Container: 60

Three Capsules Contain:		% DV
Vitamin D (as Vitamin D3)	300 IU	75%
Vitamin K (200 mcg as Vitamin K1 and 200 mcg as Vitamin K2)	400 mcg	500%
Vitamin B6 (as Pyridoxal 5'-Phosphate)	13.5 mg	675%
Folate (50 mcg as Calcium Folate and 50 mcg as (as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	100 mcg	25%
Vitamin B12 (as Methylcobalamin)	50 mcg	833%
Calcium (as Calcium Citrate-Malate)	300 mg	30%
Magnesium (as Magnesium Citrate-Malate)	150 mg	38%
Ipriflavone	300 mg	*
Horsetail (aerial parts) (<i>Equisetum arvense</i>)	25 mg	*
Boron (as Boron Picolinate)	1.5 mg	*
Vanadium (as Vanadium Picolinate)	50 mcg	*

*Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Leucine, Silicon Dioxide.

180 Vegetarian Capsules

Code: SG823

Allergy Warning

This product is contraindicated in an individual with a history of hypersensitivity to any of its ingredients.

Pregnancy Warning

If pregnant, consult your health-care practitioner before using this product.

Interactions

As vitamin K interferes with the effect of anticoagulant drugs (like Coumadin), the concurrent use of these agents should be avoided.

Folinic acid and 5-methyltetrahydrofolate (5-MTHF) supplementation are not recommended concurrent with methotrexate cancer therapy, as they can interfere with methotrexate's anti-neoplastic activity; however, these folate sources have not been shown to interfere with the anti-inflammatory activity of methotrexate. An individual taking methotrexate for psoriasis or rheumatoid arthritis can safely take a supplement containing folate.

Additional Warnings

Subclinical lymphocytopenia was noted with ipriflavone administration in 13 percent of participants in one study. Values were restored after ipriflavone withdrawal.

Gas, bloating, or diarrhea may occur in some individuals taking magnesium supplements. This can occur at varying amounts depending on the individual and resolves when the amount is reduced.

Purity

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, artificial sweeteners, or artificial flavors. This product also does not contain lactose, palmitic acid, magnesium stearate, or stearic acid.

Suggested Use

Take 3 capsules two times daily or as recommended by a health-care practitioner.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.