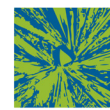


# PRODUCT DATA SHEET

## Oscap™



**THORNE  
RESEARCH**

Pure Ingredients, Trusted Results



### Oscap™

A comprehensive bone support formula\*

- Includes vitamins, minerals, and botanicals to promote bone health and density\*
- Calcium is in the most bioavailable citrate-malate form\*
- Vitamin D3 to facilitate the absorption of calcium\*
- Contains the active forms of B6, B12 and Folate for increased absorption\*

### OSCAP

S u p p l e m e n t F a c t s		
Serving Size: Two Capsules		
Servings Per Container: 60		
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Two Capsules Contain:		% DV
Vitamin D (as Vitamin D3)	200 IU	50%
Vitamin B6 (as Pyridoxal 5'-Phosphate)	13.5 mg	675%
Folate (50 mcg as Calcium Folate and 50 mcg as (as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	100 mcg	25%
Vitamin B12 (as Methylcobalamin)	50 mcg	834%
Calcium (as Calcium Citrate-Malate)	225 mg	23%
Magnesium (as Magnesium Citrate-Malate)	112.5 mg	28%
Horsetail (aerial parts) ( <i>Equisetum arvense</i> )	25 mg	*
Boron (as Boron Picolinate)	1.5 mg	*
Vanadium (as Vanadium Picolinate)	50 mcg	*
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*Daily Value (DV) not established.		

Other Ingredients: Hypromellose (derived from cellulose) capsule, Silicon Dioxide, Microcrystalline Cellulose.

120 Vegetarian Capsules

Code: SG822

### Allergy Warning

This product is contraindicated in an individual with a history of hypersensitivity to any of its ingredients.

### Pregnancy Warning

If pregnant, consult your health-care practitioner before using this product.

### Interactions

Folinic acid and 5-methyltetrahydrofolate (5-MTHF) supplementation are not recommended concurrent with methotrexate cancer therapy, as they can interfere with methotrexate's anti-neoplastic activity;

however, these folate sources have not been shown to interfere with the anti-inflammatory activity of methotrexate. An individual taking methotrexate for psoriasis or rheumatoid arthritis can safely take a supplement containing folate.

### Additional Warnings

Gas, bloating, or diarrhea may occur in some individuals taking magnesium supplements. This can occur at varying amounts depending on the individual and resolves when the amount is reduced.

### Purity

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, artificial sweeteners, or artificial flavors. This product also does not contain lactose, palmitic acid, magnesium stearate, or stearic acid.

### Suggested Use

Take 2 capsules two times daily or as recommended by a health-care practitioner.

### Additional Notes

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.