

PRODUCT DATA SHEET

Iron Citrate



Iron Citrate

A well-absorbed iron chelate*

- Non-constipating, well-absorbed form of iron*
- Essential mineral for red blood cell formation*
- Citrate supplementation may boost energy production from the Kreb's cycle *

IRON CITRATE

S u p p l e m e n t F a c t s		
Serving Size: One Capsule		
Servings Per Container: 60		
Each Capsule Contains:		% DV
Iron (as Iron Citrate)	25 mg	139%
Daily Value (DV)		

Other Ingredients: Aspartic Acid, Hypromellose (derived from cellulose) capsule, Leucine, Silicon Dioxide.

60 Vegetarian Capsules

Code: M238

Purity

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, artificial sweeteners, or artificial flavors. This product also does not contain lactose, palmitic acid, magnesium stearate, or stearic acid.

Suggested Use

Take 1 capsule one to three times daily or as recommended by a health-care practitioner.

Additional Notes

Allergy Warning

This product is contraindicated in an individual with a history of hypersensitivity to any of its ingredients.

Pregnancy Warning

If pregnant, consult your health-care practitioner before using this product.

Interactions

There are no known adverse interactions or contraindications at publication date.

Additional Warnings

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.