

# Editorial

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## *Optional Reading*

Welcome to the second issue of **Alternative Medicine Review**.

I would like to thank our readers for their overwhelming positive response to our first issue. Issue number two of **The Review** addresses state of the art modalities and aging. The much awaited “part two” of Dr. Gaby’s article on Coenzyme Q-10 shall appear in issue number three, which will be dedicated to the cardiovascular system.

The ability to heal, or prevent detriment to a healthy state, requires many things, including the ability to practice in a legal environment which is comfortable and non-threatening, as well as the ability to have access to an armamentarium of products which are critical to such practice. At all levels there have been threats to practitioners from legal and legislative standpoints. Battles fought by individual practitioners stand a greater risk of being lost than do battles fought by an organization of those same practitioners.

**The American Preventive Medical Association** is the best political voice for health care practitioners who utilize nutritional and other complementary therapies in patient care. Their goals are simple, and, with help, attainable:

- achieve a health care system in which practitioners can practice in good conscience, with the well-being of the patient foremost in their minds, and without fear of recrimination for the use of complementary and alternative therapies;
- ensure Americans’ right to medical freedom and access to the full range of health-promotion and treatment methods;
- create a health care environment that fosters advancements in health-promotion, disease prevention and treatment, as well as cooperation among the many types of practitioners.

Each and every reader of this journal, who is not currently an **APMA** member, should call **APMA** now, **1-800-230-2762**, and join, before turning this page.

Al Czap  
Publisher